

Somatic Movement Education Program 2024-27

Directed by Friederike Tröscher

To register, please complete this form and the answers to the application questions and return them with a photo and deposit of 50 Euros for each course to moveus GbR.

| | | | |
|--------|----------------------|---|----------------------|
| Name: | <input type="text"/> | Street / Nr.: | <input type="text"/> |
| Email: | <input type="text"/> | Zip code / City: | <input type="text"/> |
| Phone: | <input type="text"/> | Country: | <input type="text"/> |
| Birth | <input type="text"/> | <input type="radio"/> Please include me in your mailing list. | |
| Date: | <input type="text"/> | | |

I am interested in pursuing the following studies:

- Somatic Movement Education Program Practitioner Program
 Infant Development Movement Education Program Individual courses

| Course | Class days | Dates | Fee | Total |
|---|------------|---------------------------------|--------|-------|
| <input type="radio"/> SME Module 1 compact Senses and Perception1* & Skeletal System | 13 | Sept 11-27, 2024 | € 1660 | |
| <input type="radio"/> SME Module 2 compact Organ System & Basic Neurocellular Patterns (BNP)* | 14 | Jan 9-26, 2025 | € 1780 | |
| <input type="radio"/> SME Module 3 compact Primitive Reflexes, Righting Reactions and Equilibrium Responses (RRR)* & Ontogenetic Development* | 11 | June 27- July 10, 2025 | € 1420 | |
| <input type="radio"/> SME Module 4 compact Fluid System & Nervous System | 13 | Jan 9-25, 2026 | € 1660 | |
| <input type="radio"/> SME Module 5 compact Endocrine System & Ligamentous and Fascial System | 12 | June 28- July 12, 2026 | € 1540 | |
| <input type="radio"/> SME Module 6 compact Muscular System, SME-Competency & Professional Issues 1 | 12 | Jan 9-24, 2027 | € 1540 | |
| <input type="radio"/> SME Module 7 compact Senses & Perception 1* & Organ System | 11 | Sept 11, 2024 - Jan 16, 2025 | € 1420 | |
| <input type="radio"/> SME Module 8 compact Skeletal System & Organ System | 16 | Sept 17, 2024 - Jan 16, 2025 | € 2020 | |

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|---|----|---------------------------------|---------------|--|
| <input type="radio"/> SME Module 9 compact Senses and Perception1* & Basic Neurocellular Patterns (BNP)* | 11 | Sept 11, 2024 - Jan 26, 2025 | € 1420 | |
| <input type="radio"/> SME Module 10 compact Skeletal System & Basic Neurocellular Patterns (BNP)* | 16 | Sept 17, 2024 - Jan 26, 2025 | € 2020 | |
| <input type="radio"/> SME Module 11 compact Senses & Perception 1*, Organ System & Basic Neurocellular Patterns (BNP)* | 18 | Sept 11, 2024 - Jan 26, 2025 | € 2310 | |
| <input type="radio"/> SME intensive Studies Senses and Perception 1*, Skeletal System, Organ System & Basic Neurocellular Patterns (BNP)* | 27 | Sept 11, 2024 - Jan 26, 2025 | € 3440 | |
| | | | Total: | |
| | | | Amount wired | |

With my signature I acknowledge that I take full responsibility for any injuries that may result from participation in these courses. Photos and videos may be taken during the courses. My signature indicates my permission.

Signature:

Date:

Tuition costs do not include travel, room and board, books, or other expenses. The tuition listed is for courses in Germany only. If you cancel up to 2 weeks before a course starts, we just keep a deposit of 50€, after that the whole course fee is due. Payment is due two weeks before the course starts. * = These courses are also part of the IDME program (Infant Developmental Movement Educator). Courses are held in Klein Jasedow (close to the Baltic Sea) and Mechernich-Vussemer (close to Cologne), Germany.

Information

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Payment Information

Please use our German Bank account for wiring money. Name on account: moveus GbR
IBAN: DE03 4306 0967 1306 2016 00
SWIFT (BIC): GENODEM1GLS
Bank: GLS Bank

Please use a "Euroüberweisung" if wiring from outside of Germany (Euro Wiring/Transfer). Please make sure you cover all transaction costs.
There are no fees wiring from countries using the Euro.

Locations

The certification courses of the SME program take place in Klein Jasedow, North East Germany, close to the Baltic Sea and Mechernich-Vussemer, close to Cologne, Germany
More information for how to get to the places will be available upon registration.

Times

Every day: 8:45h-10:45h // 11.15h-13.15h // 15h-17h // 17.15h-18.15h
Last day: 8:45h-15.30h

Accommodation

Food and accommodation are not included in the fees. There will be a list of accommodations available upon registration.

Homework

For certification students also need to complete certain homework. These are 5 guidance sessions with a Practitioner/ Teacher of BMC®, 3 private sessions with a BMC® Practitioner/Teacher, 10 study sessions and 10 SME classes (where you teach the material to a small group of people), 1 publication, 100 hours of movement classes and 50 hours of meditative practice. The costs for homework are not included in the course fees and are only required for those who wish to graduate as Somatic Movement Educators

Application Questions

On separate paper, please answer all the following questions. Please type. For ease in reading your application, please type the questions as well as the answers. You may be brief. Please include a photo.

We would like to better know who you are, what you are bringing to the program, how you can be a resource to others in the program and what you need from others in the way of support. We hope this application will also help you to become clearer about yourself, your goals and your expectations.

Application Questions

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By answering the following questions, please share your experience and insights. For ease in reading, please type the question as well as the answer. You may be brief. Please include a photo of yourself. If you need to speak with someone regarding your application or any of the questions, please feel free to contact us

1. What is your educational background? Please list any postsecondary schools attended, dates, and any degrees or certificates received. You may enclose a resume instead of answering this question.
2. Please list work or other significant experience. You may enclose a resume instead of answering this question.
3. What experience have you had with Body-Mind Centering®? How did you first hear about it? Have you had individual sessions, classes or workshops with a Certified Practitioner or Teacher? Who? Approximately how many hours?
4. Please list your experience with other body-mind disciplines (movement, dance, bodywork, other psychophysical approaches). Indicate whether your experience has been casual, serious amateur, semiprofessional or professional.
5. What are your reasons for wanting to take this course or program? What are your expectations?
6. An important aspect of this program is its experiential nature. You will be working deeply with yourself and closely with other individuals and the group as a whole. You will be presented with a range of different teaching styles from our staff and different learning styles from other students. At times, you will be asked to step into learning styles that you may be unaccustomed to. In regard to these things, please tell us 1) your strengths and talents and 2) areas where you need support.
7. Do you have any physical or emotional conditions that could affect your participation in this program? If, yes, please describe.
8. Are you interested in the full Somatic Movement Education Program or in individual courses? Are you interested in the 4-year Practitioner Program or the Infant Developmental Movement Education Program?