

# Somatic Movement Education Program

Directed by Friederike Tröscher

To register, please complete this form and the answers to the application questions and return them with a photo and deposit of 50 Euros for each course to moveus GbR.

Name: Street / Nr.:  
 Email: Zip code / City:  
 Phone: Country:  
 Birth Date: Please include me in your mailinglist.

I am interested in pursuing the following studies:

Somatic Movement Education Program Practitioner Program  
 Infant Development Movement Education Program Individual courses

Course	Class days	Dates	Fee	Total
Senses and Perception1* Berlin**	4	June 15-18, 2023	€ 530	
Skeletal System KJ**	9	Sept 13-23, 2022	€ 1130	
Organ System KJ**	7	Nov 24 - Dec 1, 2022	€ 890	
Basic Neurocellular Patterns (BNP)*KJ**	7	Dec 4-11, 2022	€ 890	
Primitive Reflexes, Righting Reactions & Equilibrium Responses (RRR)* KJ**	6	Apr 18-24, 2023	€ 770	
Ontogenetic Development* KJ**	5	Apr 27 - May 1, 2023	€ 650	
Endocrine System – KJ**	5	Sept 4-8, 2023	€ 650	
Nervous System KJ**	7	Sept 11-18, 2023	€ 890	
Fluid System – MV**	6	Nov 17-23, 2023	€ 770	
Ligamentous & Fascial System MV**	7	Nov 26 - Dec 3, 2023	€ 890	
Muscular System MV**	9	Feb 17-27, 2024	€ 1130	
SME-Competency MV**	1	Feb 29, 2024	€ 120	
Professional Issues 1 MV**	2	Mar 1&2, 2024 (Grad. 3.3.)	€ 290	

**Total:**

Please take off 50 € for each course if registered 2 months before it starts\*\*\*

Amount wired

With my signature I acknowledge that I take full responsibility for any injuries that may result from participation in these courses. Photos and videos may be taken during the courses. My signature indicates my permission.

Signature:

Date:

Tuition costs do not include travel, room and board, books, or other expenses. The tuition listed is for courses in Germany only. If you register two months before the course starts you get a 50 Euro discount on the course (except Competency). If you cancel up to 2 weeks before a course starts, we just keep the deposit of 50€, after that the whole course fee is due. Payment is due two weeks before the course starts. \* = These courses are also part of the IDME program (Infant Developmental Movement Educator) MV\*\* = Mechernich/Vussemer, KJ\*\* = Klein Jasedow

# Information

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### Payment Information

Please use our German Bank account for wiring money.

Name on account: moveus GbR

IBAN: DE03 4306 0967 1306 2016 00

SWIFT (BIC): GENODEM1GLS

Bank: GLS Bank

Please use a “Euroüberweisung” if wiring from outside of Germany (Euro Wiring/ Transfer). Please make sure you cover all transaction costs. There are no fees wiring from countries using the Euro.

### Location

Klein Jasedow, North East Germany, close to the Baltic Sea.  
More information will be available upon registration.

### Times

Every day: 8:45h-10:45h // 11.15h-13.15h // 15h-17h // 17.15h-18.15h

Last day: 8:45h-15.30h

### Accommodation

Food and accommodation are not included in the fees. There will be a list of accommodations available upon registration.

### Homework

For certification students also need to complete certain homework. These are 5 guidance sessions with a Practitioner/Teacher of BMC®, 3 private sessions with a BMC® Practitioner/Teacher, 10 study sessions and 10 SME classes (where you teach the material to a small group of people), 1 publication, 100 hours of movement classes and 50 hours of meditative practice. The costs for homework are not included in the course fees and are only required for those who wish to graduate as Somatic Movement Educators

### Application Questions

On separate paper, please answer all the following questions. Please type. For ease in reading your application, please type the questions as well as the answers. You may be brief. Please include a photo.

We would like to better know who you are, what you are bringing to the program, how you can be a resource to others in the program and what you need from others in the way of support. We hope this application will also help you to become clearer about yourself, your goals and your expectations.

# Application Questions

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By answering the following questions, please share your experience and insights. For ease in reading, please type the question as well as the answer. You may be brief. Please include a photo of yourself. If you need to speak with someone regarding your application or any of the questions, please feel free to contact us

1. What is your educational background? Please list any postsecondary schools attended, dates, and any degrees or certificates received. You may enclose a resume instead of answering this question.
2. Please list work or other significant experience. You may enclose a resume instead of answering this question.
3. What experience have you had with Body-Mind Centering®? How did you first hear about it? Have you had individual sessions, classes or workshops with a Certified Practitioner or Teacher? Who? Approximately how many hours?
4. Please list your experience with other body-mind disciplines (movement, dance, bodywork, other psychophysical approaches). Indicate whether your experience has been casual, serious amateur, semiprofessional or professional.
5. What are your reasons for wanting to take this course or program? What are your expectations?
6. An important aspect of this program is its experiential nature. You will be working deeply with yourself and closely with other individuals and the group as a whole. You will be presented with a range of different teaching styles from our staff and different learning styles from other students. At times, you will be asked to step into learning styles that you may be unaccustomed to. In regard to these things, please tell us 1) your strengths and talents and 2) areas where you need support.
7. Do you have any physical or emotional conditions that could affect your participation in this program? If, yes, please describe.
8. Are you interested in the full Somatic Movement Education Program or in individual courses? Are you interested in the 4-year Practitioner Program or the Infant Developmental Movement Education Program?