



**Bodyd Mind Centering® Certification Program**  
**Somatic Movement Education Program 2019 – 2021 in Germany**  
Directed by Jens Johannsen and Friederike Tröscher

**Payment Information**

Please use our **German Bank** account for wiring money.

**Name on account:** moveus GbR

**IBAN:** DE39 3702 0090 0364 6531 90

**SWIFT (BIC):** HYVEDEMM429

**Bank:** HypoVereinsbank Köln

**Please use a “Euroüberweisung” if wiring from outside of Germany (Euro Wiring/ Transfer).**

**Please make sure you cover all transaction costs.**

**There are no fees wiring from countries using the Euro.**

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**Locations**

The certification courses of the SME program take place in two locations: 1. Mechernich-Vussemer, close to Cologne, 2. Klein Jasedow, close to the Baltic Sea and the island of Usedom.

More information for how to get to the places will be available upon registration.

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**Times**

First and last days are full days. Classes start at 9:00 in the morning. There are two 2-hour classes before the lunch break and one 2-hour class and one 1-hour class in the afternoon. Classes finish at 18:15.

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**Accommodation**

Food and accommodation are not included in the fees. There will be a list of accommodations available upon registration.

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**Homework**

For Certification students also need to complete certain homework. These are 5 guidance sessions with a Practitioner/Teacher of BMC®, 3 private sessions with a BMC® Practitioner/Teacher, 10 study sessions and 10 SME classes (where you teach the material to a small group of people), 1 publication, 100 hours of movement classes and 50 hours of meditative practice. The costs for the homework are not included in the course fees and are only required for those who wish to graduate as Somatic Movement Educators.

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**Application Questions**

On separate paper, please answer all the following questions. **Please type.** For ease in reading your application, type the question as well as the answer. You may be brief. **Please include your birth date and a photo.**

We would like to better know who you are, what you are bringing to the program, how you can be a resource to others in the program and what you need from others in the way of support. We hope this application will also help you to become clearer about yourself, your goals and your expectations.

If you need to speak with someone regarding your application or any of the questions, please feel free to contact us.

1. What is your educational background? Please list any post-secondary schools attended, dates, and any degrees or certificates received. You may enclose a resume instead of answering this question. Please also include your date of birth.
2. Please list work or other significant experience. You may enclose a resume instead of answering this question.
3. What experience have you had with Body-Mind Centering®? How did you first hear about it? Have you had individual sessions, classes or workshops with a Certified Practitioner? Who? Approximately how many hours?
4. Please list your experience with other body-mind disciplines (movement, dance, bodywork, other psychophysical approaches). Indicate whether your experience has been casual, serious amateur, semi-professional or professional.
5. What are your reasons for wanting to take this course or program? What are your expectations?
6. An important aspect of this program is its experiential nature. You will be working deeply with yourself and closely with other individuals and the group as a whole. You will be presented with a range of different teaching styles from our staff and different learning styles from other students. At times, you will be asked to step into learning styles that you may be unaccustomed to. In regard to these things, please tell us 1) your strengths and talents and 2) areas where you need support.
7. Do you have any physical or emotional conditions that could affect your participation in this program? If, yes, please describe.
8. Are you interested in the full Somatic Movement Education Program or in individual courses? Are you interested in the 4-year Practitioner Program or the Infant Developmental Movement Education Program?